



Perinatal Mood & Anxiety Disorders 101

Tuesday, May 14, 2019

Genesis East – Adler Auditorium

6:00 pm – 6:30 pm – Dinner (sponsored by AWHONN)

6:30 pm – 8:00 pm - Presentation

Presenters: Stacey Pawlak, PhD, Licensed Clinical Psychologist and
Melanie Rainbow - Harel

Intended Audience: RNs and providers that care for perinatal patients.

Purpose: Provide education on Perinatal Mood and Anxiety Disorders (PMADs) to nurses and providers to help screen, identify, and treat patients that are affected by them.

Objectives:

1. Review the prevalence of PMADs.
2. Describe the risk factors and symptoms of PMADs.
3. Differentiate between "baby blues" and issues of clinical concern.
4. Identify screening and assessment tools and procedures for PMADs.

Pre-Registration: Email Lisa Andresen at andresenl@genesishealth.com or call 563-421-7773.

Fees: Genesis Employees: Free
Community: Free

Credits:

Nursing: 1.5 contact hours will be awarded by the Iowa Board of Nursing Provider #59, Genesis Medical Center, Davenport, Iowa.

IL Nursing: May use CE credit for the IL license renewal.