






# 2019

# DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02 CAFÉ ENTRÉE- chicken pot pie, steamed broccoli & cauliflower	03 CAFÉ ENTRÉE-Italian baked ziti with meat sauce, garlic toast, steamed broccoli and green beans	 04 <i>Heart Healthy Wednesday- Black Bean Dragon burger</i> CAFÉ ENTRÉE-braised beef pot roast, mashed potatoes and gravy, sauteed zucchini squash and peppers	05 CAFÉ ENTRÉE - Beef stroganoff, egg noodles, green beans, steamed peas	06 CAFÉ ENTRÉE-smothered boneless pork chop, baked sweet potato, vegetable medley, steamed broccoli	07 CAFÉ ENTRÉE-Southwest bowl, rice, beans
08 CAFÉ ENTRÉE-Grill special, hot dog, brat, pork chop baked beans	09 CAFÉ ENTRÉE-Beef lasagna, green beans	10 CAFÉ ENTRÉE-meatloaf, mashed potatoes and gravy, steamed corn & seasoned peas	 11 <i>Heart healthy Wednesday Bayou turkey burger</i> CAFÉ ENTRÉE-Tuna & noodle casserole, california vegetable blend, broccoli, sugar snap peas	12 CAFÉ ENTRÉE-Beef stroganoff, egg noodles, green beans, carrots, corn	13 CAFÉ ENTRÉE-bbq pulled pork sandwich, potato salad & roasted cauliflower	14 CAFÉ ENTRÉE-Chicken alfredo, roasted potatoes, green beans & broccoli
15 CAFÉ ENTRÉE- tater tot casserole, mashed potatoes & carrots	16 CAFÉ ENTRÉE- pot roast, mashed potatoes, gravy, steamed carrots & corn	17 <b>Genesis Holiday Party!</b>	 18 <i>Heart Healthy Wednesday- Black Bean Dragon burger</i> CAFÉ ENTRÉE-slow cooked beef stew, mashed potatoes, fresh steamed snow peas, & brussels sprouts	19 CAFÉ ENTRÉE- roasted turkey breast, au gratin potatoes, steamed dill carrots & corn	20 CAFÉ ENTRÉE-dijon herb crusted white fish, roasted red potatoes, sauteed squash, zucchini and redpeppers	21 spaghetti and meatballs, garlic toast, seasond green beans & roasted potato wedges
22 sloppy joe's, au gratin potatoes, orn, green beans & roasted potatoes	23 CAFÉ ENTRÉE- chicken pot pie, steamed broccoli & cauliflower	24 CAFÉ ENTRÉE-Italian baked ziti with meat sauce, garlic toast, steamed broccoli and green beans	 25 <i>Heart Healthy Wednesday- Black Bean Dragon burger</i> CAFÉ ENTRÉE-braised beef pot roast, mashed potatoes and gravy, sauteed zucchini squash and peppers	26 CAFÉ ENTRÉE-Beef stroganoff, egg noodles, green beans, steamed peas	27 CAFÉ ENTRÉE-smothered boneless pork chop, baked sweet potato, vegetable medley, steamed broccoli	28 CAFÉ ENTRÉE-Southwest bowl, rice, beans
29 CAFÉ ENTRÉE-Grill special, hot dog, brat, pork chop baked beans	30 Beef lasagna, green beans	31 meatloaf, mashed potatoes and gravy, steamed corn & seasoned peas	 01 <i>Heart healthy Wednesday Bayou turkey burger</i> Tuna and noodle casserole, california vegetable blend, broccoli, sugar snap peas	02 Beef stroganoff, egg noodles, green beans, carrots, corn	03 bbq pulled pork sandwich, potato salad & roasted cauliflower	04 Chicken alfredo, roasted potatoes, green beans & broccoli